



Poulton St Chad's Church of England Primary School
Curriculum Overview for PE
Academic Year 2023/2024



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Fundamental Movement Skills	FMS – How to Catch a Star	FMS – Jack and the Beanstalk	FMS – The Hungry Caterpillar	FMS – Superworm	FMS – Seaside
Year 1	FMS Baseline Unit – Supertato FMS Underarm Throw	Dance – Moving Along Gymnastics	FMS Overarm throw Dance – Three Little Pigs	FMS Kicking Unit FMS Bounce Ball	Seaside Games – Piggy in the Middle	Athletics
Year 2	Net and Wall	Gymnastics	Dance	FMS Playground Games in the 20 th Century	Striking and Fielding	FMS End of KSI Assessment
Year 3	Invasion Games – Handball	Gymnastics	Dance	Athletic Activities	Striking and Fielding Games – Rounders	OAA – Trust and Trails
Year 4	Target Games – Dodgeball	Dance	OAA – team work and problem solving	Invasion Games – Basketball	Gymnastics and Swimming	Athletics and Swimming

Year 5	Gymnastics and Swimming	Invasion Games – Rugby and Swimming	Dance and Swimming	Invasion Games – Hockey and Swimming	Athletics	Orienteering
Year 6	Invasion Games - Netball	Gymnastics	Dance	Creative Games	Athletics	Striking and Fielding - Rounders